

Where to start...

RESOURCES TO SUPPORT AGING AT HOME

There are numerous resources available for older adults and their families seeking to improve home and neighborhood environments for aging in place. We have offered a selection here. In the US, **Area Agencies on Aging (AAAs)** provide a wide array of services and resources. There are over 620 public and nonprofit AAAs in the nation providing resources and services to older adults, including programs aimed at aging in place. You can find your local AAA by entering a zip code at n4a.org.

HOME SAFETY AND MODIFICATION

Numerous resources can help older people and their families assess home safety, make easy improvements for safety and accessibility, and locate assistance for larger home modification projects. Note: In the U.S. **renters** are permitted to make home modifications to accommodate a disability under fair housing law. More information can be found at hud.gov. Local housing offices may be able to help identify financial resources to help low-income tenants and owners pay for modifications.

<p>AARP aarp.org</p>	<p>AARP’s HomeFit Guide offers information, to do lists, and worksheets centered on “the lifelong home.”</p>
<p>National Association of Home Builders nahb.org</p>	<p>NAHB’s Aging-in-Place Remodeling Checklist provides an overview of features to consider when remodeling, even when aging in place is not the primary goal. NAHB also offers a directory of professionals certified in aging-in-place remodeling (search for professionals with a “CAPS” certification).</p>
<p>University of Southern California’s Leonard Davis School of Gerontology gero.usc.edu</p>	<p>On its homemods site, USC’s Davis school offers a guide to home adaptation, videos, and a directory of home modification resources in each state. Visitors can also explore design features in an interactive format at its lifetimehome website.</p>
<p>The Hartford Insurance Company thehartford.com</p>	<p>The Hartford’s publication, Home for a Lifetime: Remodeling Today for a Better Tomorrow, offers design ideas for kitchen and baths; videos and other resources can be found on its Remodeling Today site.</p>
<p>National Council on Independent Living visitability.org</p>	<p>Making Homes Visitable: A Guide for Wheelchair Users and Hosts offers practical information on removing architectural and social barriers to guests who use wheelchairs; website includes other practical and policy-oriented information.</p>

VisitAble Housing Canada visitablehousingcanada.com	Resources on visitability in general as well as specific resources pertaining to Canadian provinces.
Alzheimer’s Association alz.org	The Alzheimer’s Association offers resources on staying safe at home, including a Home Safety Checklist and a Stay Safe guide.

FALLS PREVENTION

Fall prevention guides may also include information on improving safety at home, but also focuses on other ways older adults can reduce their risks of falls.

Fall Prevention Center of Excellence at University of Southern California’s Leonard Davis School of Gerontology gero.usc.edu	The school’s “ stopfalls ” resource provides information for service providers, individuals and families, and educators.
National Council on Aging ncoa.org	NCOA’s Falls Prevention site includes videos, a falls prevention action plan, and a search engine for finding local fall-prevention programs.
Centers for Disease Control and Prevention cdc.gov	The CDC’s site on Home and Recreational Safety includes information on older adult falls and their prevention.
Public Health Agency of Canada canada.ca/en/public-health.html	The Public Health Agency provides facts and fall prevention tips at its You CAN Prevent Falls! site.
University of Newcastle newcastle.edu.au	The University’s Research Center for Generational Health and Ageing offers a Home Falls and Accidents Screening Tool called HOME FAST .

FINANCIAL RESOURCES

Local government housing offices can help individuals and families identify housing affordability programs for which they may be eligible. The national organizations below also provide information on programs available to assist both homeowners and renters.

National Council on Aging ncoa.org	NCOA’s economic check up offers financial resources for older owners and renters in the US, while its Center for Benefits helps financially vulnerable older adults and those with disabilities learn about and identify benefits programs for which they may be eligible through its benefits check up site.
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<p>National Aging in Place Council ageinplace.org</p>	<p>NAPC offers resources for planning to age in place, including those focused on housing, finances, transportation, health, and social engagement.</p>
<p>U.S. Department of Housing and Urban Development hud.gov</p>	<p>On its Information for Senior Citizens site, HUD provides information to older adults on reverse mortgages for older homeowners, federal housing assistance, finding an apartment, and avoiding financial scams.</p>
<p>AgeUK ageuk.org.uk</p>	<p>AgeUK offers information on housing and finance as well as a host of other issues associated with aging in place in the United Kingdom.</p>
<p>Financial Consumer Agency of Canada canada.ca/en/financial-consumer-agency</p>	<p>The agency offers links to housing programs for older adults, a benefits finder, and information on budgeting home modifications through its retirement planning site.</p>

AGE-FRIENDLY COMMUNITIES

For those wishing to improve the accessibility, services, and programs for older adults in their communities, the following resources can help.

<p>American Association of Retired Persons (AARP) aarp.org</p>	<p>AARP's Livable Communities program provides resources for local leaders and community members, including information on housing alternatives.</p>
<p>World Health Organization's Age Friendly Communities who.int/ageing/en/</p>	<p>WHO's Global Network for Age-friendly Cities and Communities offers data, research, and publications, including Global Age-friendly Cities: A Guide.</p>
<p>Enterprise Community Partners, Inc. enterprisecommunity.org</p>	<p>In its Aging-in-Place toolkit, Enterprise offers guidelines, recommendations, and checklists for owners and developers of affordable housing as well as links to affordable housing projects designed for aging in place.</p>
<p>Alzheimer's Association alz.org</p>	<p>A list of resources for Designing Environments for those with Alzheimer's Disease is available on the association's website.</p>
<p>Dementia Australia dementia.org.au</p>	<p>Dementia Australia's website features a number of resources on creating safe and comfortable environments at home and in the community for those with dementia.</p>